health & U @NUH

Your Trusted NUH Retail Pharmacy - Caring for U

Christmas Yuletide Delights

2 Nov - 31 Dec 2026



Noel Gifts PRE ORDER

RUBATO CHRISTMAS HAMPER (N1)

- Royal Select Sparkling Juice 750ml
- Forum Oublies Wafer 125g
- Ogilvie Cheese Nibble 50g
- Ogilvie Raspberry White Chocolate Chip Cookies 75g
- Bonz Butterscotch Hazelnut Dark Chocolate Praline 90g
- McCoy Festive Assorted Tea Moments 6 Flavours 24s



Noel Gifts PRE ORDER

TEATIME WISHES CHRISTMAS HAMPER (N3)

- Royal Select Sparkling Juice 750ml
- Bonne Maman Tartlets 135g
- Loacker Quadritini Mini Wafers 125g
- Granville Three Fruit Marmalade 340g
- Ferrero Raffaello T3 30g
- Dilmah Peppermint Tea 20 x 1.5g
- Krakakoa Bark Snacking Chocolate 40g
- El Almendro Salted Caramel Turron Sticks 50g
- Ogilvie Traditional Plum Pudding 80g
- Bonne Maman Mini Honey 30g
- Amazin' Graze Coconut Curry Nut Mix 30g
- Beryl's Tiramisu Milk Chocolates 65g



Noel Gifts PRE ORDER

CHOCO PARADISE CHRISTMAS HAMPER (N2)

- Delaviuda Chocolate Selection 70g
- Delfi Chocolate Assortment 180g
- Biscuiterie Dark Chocolate Cookies 130g
- Lotte Zero Chocolate Cookie 84g
- Jules Destrooper Chocolate Caramel Biscuits 100g
- Unico Lava Bites Double Chocolate Cookies 200g
- Boncafe Hot Chocolate Sachets 5 x 28g



Noel Gifts PRE ORDER

CHOCO RUSH CHRISTMAS HAMPER (N5)

- Bonz Butterscotch Hazelnut Dark Chocolate Praline 90g
- Alfredo 5-selection Milk Chocolates 110g
- Beryl's Double Chocolate Chip Cookies 100g
- Delaviuda Cocoa Truffles 100g
- Nutella B-Ready 132g
- Orion ChocoPie 180g



Noel Gifts PRE ORDER

MUNCHIE WISHES CHRISTMAS HAMPER (N4)

- Royal Select Sparkling Juice 750ml
- Vochelle Fruits & Nuts 40g
- Ferrero Rocher T3 37.5g
- Brown Bag Crisps Smoked Chilli 40g
- Amazin' Graze Granola Bites Chocolate Hazelnut 40g
- McCoy Fruit Tea 30g
- Hershey's Chocolate Chip Mini Cookies 50g
- Delaviuda Chocolate Selection 70g
- Loacker Napolitaner Wafers 45g
- Bourbon Chocolate & Coffee Biscuits 127g
- Werther's Original Candy 42g
- Nutella Biscuits T3 41.1g





Beryl's PRE ORDER

GOLDEN CELEBRATION SET (B1)

- Christmas Wonderland Blue Tin (B. Crunch Milk Chocolate Gaufrette & Almond 100g)
- Christmas Holiday Village (Assorted Butter Cookies Exquisite Selection 216g)
- Santa Treats Pearl Tin (Tiramisu Milk Chocolate Confectionery 100g)
- Waffle Cookies Coated with Gianduja Milk Chocolate 80g
- Christmas Edition (Tiramisu Almond Milk Confectionery 65g)
- Magical Christmas Red Tin (Chocolate Butter Cookies 126g)
- Felicino Assorted Praline Chocolate 110g
- Dignity Assorted Praline Chocolate 210g
- Butter Cookies Classic 70g



Beryl's PRE ORDER

FESTIVE JOY GIFT SET (B2)

- Christmas Holiday Village (Assorted Butter Cookies Exquisite Selection 216g)
- Santa Treats Red Tin (Tiramisu Almond Milk Chocolate Confectionery 100g)
- Christmas Assorted Tiramisu Almond Chocolate Confectionery 150g
- Christmas Edition (Tiramisu Almond Milk Confectionery 65g)
- Christmas Wonderland Green Tin (Dark Chocolate 100g)
- Dark Chocolate with Sea Salt 180g
- Butter Cookies Classic 70g



Beryl's PRE ORDER

LUXE FESTIVE COLLECTION (B4)

- Christmas Holiday Village (Assorted Butter Cookies Exquisite Selection 216g)
- Santa Treats Red Tin (Tiramisu Almond Milk Chocolate Confectionery 100g)
- Winter Cottage (B. Crispy Gianduja Milk Chocolate Filling 88g)
- Christmas Edition (Tiramisu Almond Milk Confectionery 65g)
- Magical Christmas Gold Tin (Butter Cookies 126g)
- Felicino Assorted Praline Chocolate 110g
- Sable Cookies Collection 270g
- Butter Cookies Classic 70g



Beryl's PRE ORDER

CHRISTMAS JOY GIFT BOX (B3)

- Winter Cottage (B. Crispy Gianduja Milk Chocolate Filling 88g)
- Christmas Delight (Chocolate Sable Cookies Collection 90g)
- Christmas Wonderland Green Tin (Dark Chocolate 100g)



Beryl's PRE ORDER

SIGNATURE GIFT BOX 623G (B5)

- Classic Tiramisu Almond Dark Chocolate Confectionery 13pcs
- Classic Tiramisu Almond White Chocolate Confectionery 13pcs
- Classic Tiramisu Almond Milk Chocolate Confectionery 13pcs
- Dark Chocolate with Sea Salt 28pcs
- Waffle Cookies coated with Gianduja Milk Chocolate 7pcs
- Macadamia Sable Cookies 6pcs
- Chocolate Sable Cookies 6pcs
- Pecan Oatmeal Cookies 6pcs



$30.80*

Beryl's
DIGNITY ASSORTED PRALINE CHOCOLATE 210G (B6)



$30*

Beryl's
DARK CHOCOLATE WITH SEA SALT 2 X 180G (B7)



$30*

Beryl's
DARK CHOCOLATE WITH COCOA NIBS 2 X 180G (B8)



$18.80*

Beryl's
FELICINO ASSORTED PRALINE CHOCOLATE 110G (B9)



$16.80*

Beryl's
SECRECY ASSORTED PRALINE CHOCOLATE 90G (B10)



$19.80*

Beryl's
SABLE COOKIES COLLECTION ROUND TIN 270G (B11)



$18*

Beryl's
CHRISTMAS HOLIDAY VILLAGE ASSORTED BUTTER COOKIES EXQUISITE SELECTION 216G (B12)



$14.22
U.P. $15.80

Beryl's
Staff Price
WINTER COTTAGE B.CRISPY GIANDUJA MILK CHOCOLATE FILLING 88G (B13)



$15.12
U.P. $16.80

Beryl's
Staff Price
SANTA'S TREATS PEARL TIN TIRAMISU MILK CHOCOLATE CONFECTIONERY 100G (B14)



$15.12
U.P. $16.80

Beryl's
Staff Price
SANTA'S TREATS RED TIN TIRAMISU ALMOND MILK CHOCOLATE CONFECTIONERY 100G (B15)



Beryl's MAGICAL CHRISTMAS RED TIN CHOCOLATE BUTTER COOKIES 126G (B16)

Staff Price



Beryl's MAGICAL CHRISTMAS GOLD TIN BUTTER COOKIES 126G (B17)

Staff Price



Beryl's CHRISTMAS WONDERLAND BLUE TIN B.CRUNCH MILK CHOCOLATE WITH GAUFRETTE & ALMOND 100G (B18)

Staff Price



Beryl's CHRISTMAS WONDERLAND GREEN TIN DARK CHOCOLATE 100G (B19)

Staff Price



Beryl's CHRISTMAS WONDERLAND RED TIN B.CRUNCH MILK CHOCOLATE WITH MALT BALL 100G (B20)

Staff Price



Beryl's CHRISTMAS DELIGHT CHOCOLATE SABLE COOKIES COLLECTION 90G (B21)

Staff Price



Hamlet Excelcium CHOCO DINOS MILK CHOCOLATE 100G (HE1)

Staff Price



Mozart Koogles TROPICAL LYCHEE PRALINES GIFT BOX 119G (MK1)

Staff Price



Mozart Koogles FAMOUS NOUGAT SMALL BAG 136G (MK2)



Venchi
TRAVEL RETAIL SIGNATURE TIN BOX 275G (V1)



Staff Price

Venchi
TRAVEL RETAIL CHOCOVIAR MINI BOOK 115G (V2)



Venchi
TRAVEL RETAIL PISTACHIO COLLECTION GIFT BOX 168G (V3)



Venchi
TRAVEL RETAIL EXTRA DARK COLLECTION GIFT BOX 168G (V4)



Venchi
TRAVEL RETAIL SIGNATURE COLLECTION GIFT BOX 168G (V5)



Venchi
TRAVEL RETAIL NOCCIOLATA & PISTACHIO & NOCCIOLATA BARS MULTI-PACK 285G (V6)



Venchi
TRAVEL RETAIL EXTRA DARK & DARK & CREMINO & MILK MINI BARS MULTI-PACK 180G (V7)



$35.10
U.P. $39

Guylian®
MASTER'S SELECTION FINE CHOCOLATES 185G (G1)



$20.72
U.P. $25.90

Guylian®
OPUS GIFT BOX RIBBON WITH ASSORTED PREMIUM BELGIAN CHOCOLATES 180G (G2)

Staff Price



$23.84
U.P. $29.80

Guylian®
THE ORIGINAL SEASHELLS 250G (G3)

Staff Price



$24.20*
U.P. $26.90

Guylian®
TEMPTATIONS MIX TUBE CHOCOLATES 316G (G4)



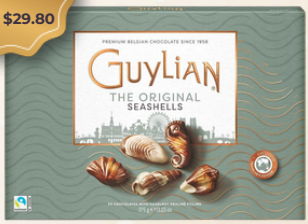
$18.45
U.P. $20.50

Guylian®
TEMPTATIONS SALTED CARAMEL CHOCOLATES 205G (G5)



$28.70
U.P. $31.90

Guylian®
TEMPTATIONS 6 FLAVOURS POUCH CHOCOLATES 522G (G6)



$26.80
U.P. $29.80

Guylian®
THE ORIGINAL SEASHELLS CHOCOLATES WITH HAZELNUT PRALINÉ FILLING 375G (G7)



$26.80
U.P. $29.80

Guylian®
DARK PRALINÉ SEASHELLS 337G (G8)



$13.40
U.P. $14.90

Guylian®
TEMPTATIONS DARK PRALINÉ 197G (G9)



$13.05
U.P. $14.50

Guylian®
DARK HAZELNUT PRALINÉ SEASHELLS 112G (G10)



$12.80
U.P. $16

Alfredo®
GOLD COLLECTION HAZELNUT MILK CHOCOLATE 160G (A1)

Staff Price



$9.52
U.P. $11.90

Alfredo®
99% DARK CHOCOLATE 100G (A2)

Staff Price



$9.60
U.P. $12

Staff Price

Alfredo®
TIRAMISU ALMOND MILK CHOCOLATE CHEESE CREAM 180G (A3)



$8.55
U.P. $10.69

Staff Price

Alfredo®
TIRAMISU ALMOND DARK CHOCOLATE 180G (A4)



$7.50*

Alfredo®
FLOWER BOX ALMOND MILK CHOCOLATE ASSORTMENT 100G (A5)



$24.55*
U.P. $28.90

Ferrero Rocher
CHOCOLATE T32 400G (F1)



$21.20*
U.P. $24.95

Ferrero Rocher
CHOCOLATE T30 375G (F2)



$19.45*
U.P. $22.90

Ferrero Rocher
CHOCOLATE T24 300G (F3)



$20.80*
U.P. $24.50

Ferrero Rocher
CHOCOLATE COLLECTION T24 259.2G (F4)



$13.90* U.P. $16.40

Ferrero Rocher
CHOCOLATE COLLECTION T15 172G (F5)



$12.45* U.P. $14.65

Ferrero Rocher
CHOCOLATE T16 200G (F6)

Ferrero Rocher
CHOCOLATE T5 62.5G (F7)

$5.60 U.P. $6.62





$5.45* U.P. $7.30

Cadbury
DAIRY MILK CHOCOLATE BAUBLES 112G (C1)



$14.10* U.P. $18.80

Cadbury
CHRISTMAS MIX GIFT BOX 471G (C2)



$14.10* U.P. $18.80

Cadbury
SANTA'S WORKSHOP ADVENT CALENDAR 312G (C3)



$5.45* U.P. $7.30

Cadbury
ADVENT CALENDAR 90G (C4)



$6.30* U.P. $8.40

Cadbury
MARSHMALLOW SANTA SHARE PACK 175G (C5)



$7.12 U.P. $8.90

Beanies
YULE LOG FLAVOUR INSTANT COFFEE 50G (BE1)

Staff Price

Sugar free, low calorie



$13.67 U.P. $17.09

Amazin' Graze®
NUT MIX VARIETY BOX 8 X 30G (AG1)

Staff Price

Sweet chilli, pandan coconut, coconut curry and miso seaweed



Spa Foods®
SUGAR-FREE BAG (SF1)

- 2 x Tea Packs
- 1 x Olive Oil
- 1 x Gourmet Snack



Spa Foods®
HOLIDAY TEA BAG (SF3)

- 1 x Tea Pack
- 1 x Panettone
- 1 x Gourmet Snack



Spa Foods®
WELLNESS GOURMET BAG (SMALL) (SF2)

- 1 x Tea Pack
- 1 x Biscotti
- 1 x Gourmet Snack



Spa Foods®
PETITE WELLNESS BAG (SF4)

- 1 x Tea Pack
- 1 x Gourmet Snack



Spa Foods®
HOLIDAY WELLNESS COLLECTION TRIO BOX (SF6)

- 3 x Assorted Tea Sachets
- 3 x Soft Fruits Sachets
- 1 x Tea Jar 30g



Spa Foods®
HOLIDAY WELLNESS COLLECTION ASSORTED TEA BOX (12 SACHETS) (SF5)



Spa Foods®
CELEBRATE THE LITTLE THINGS ASSORTED TEA BOX (5 SACHETS) (SF7)



English Tea Shop
RED BOOK STYLE ADVENT TEA CALENDAR 24 TEA BAG SACHETS (E1)

Staff Price



English Tea Shop
RED ADVENT
CALENDAR PUZZLE
25 TEA PYRAMID BAGS (E2)

Staff Price



English Tea Shop
ADVENT TEA
CALENDAR 25 TEA
BAG SACHETS (E3)

Staff Price



English Tea Shop
WELLNESS
HOLIDAY COLLECTION
12 TEA PYRAMID BAGS (E4)

Staff Price



English Tea Shop
SUPER GOODNESS
HOLIDAY COLLECTION
12 TEA PYRAMID BAGS (E5)

Staff Price



Honey House™
HONEY LEMON
MANUKA LOZENGES
30G (HH1)



Honey House™
CHRISTMAS TREE
HONEY CANDIES 7PCS
(HH2)



Honey Mill
MINI HONEY POT
IN CHRISTMAS
KRAFT BOX 30G (HM1)



Honey Mill
CHRISTMAS CUT-OUT
HONEYSTIX GIFT
2 X 5G (HM2)



Honey Mill
MINI HONEY POT IN
CHRISTMAS EGG
(HM3)



Honey Mill
HONEY & TEA GIFT SET (HM4)



Honey Mill
3-IN-1 MINI HONEY SET 3 X 68G (HM5)
Acacia honey, wild flora honey and manuka honey



Honey Mill
ASSORTED HONEY CANDIES AND MANUKA LOZENGES (HM6)



Honey Mill
HONEYSTIX TRIO (HM7)



Honey Mill
2-IN-1 HONEY KRAFT HANDLE BOX 2 X 68G (HM8)
Lychee honey and wild flora honey



Honey Mill
MANUKA LOZENGES KRAFT PILLOWCASE GIFT SET (LOZENGES + HONEYSTIX) (HM9)



Moon Fleur
CROCHET BLUE / RED / RED & GREEN CHRISTMAS FLOWER MEDIUM BOUQUET (MF1)
Staff Price



Moon Fleur
CROCHET SANTA CLAUS FLOWER BOUQUET (MF2)



$55* U.P. $89

Microlife
FINGERTIP PULSE OXIMETER OXY 200
Pain-free measurement, lightweight and portable

3 for $199* U.P. $78.32 each



Buzud
CONTINUOUS GLUCOSE MONITORING SYSTEM SENSOR

$19.90* U.P. $29.90



Eu Yan Sang
TRADITIONAL ESSENCE OF CHICKEN 10 BOTTLES X 42G

$12* U.P. $16.60



Eu Yan Sang
CLASSIC BIRD'S NEST (REDUCED SUGAR) 2 X 70ML
Stabilizer free

$8* U.P. $9.95



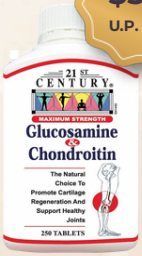
Eu Yan Sang
TRADITIONAL ESSENCE OF CHICKEN 3 BOTTLES X 70G

$65.40 U.P. $81.75



Amili
METABOLIC HEALTH 30 CAPS Staff Price
Supports fat metabolism, maintains glucose control, enhance cholesterol health

$56* U.P. $113



21st Century®
GLUCOSAMINE & CHONDROITIN 250 TABS
Promote cartilage regeneration and support healthy joints

$31.50* U.P. $45



Kordel's
AQUAMIN™ ORGANIC CALCIUM 60 TABS
Support bone density & strength, build bone & joint tissue, better absorption

$39.90* U.P. $57



Kordel's
GINGKO 2500 WITH BRAHMI 60 TABS
Support cognitive function & mental alertness and promote vascular health



$61.80* each
U.P. $88.29 each

Famibiotics®

FAMIMOM/FAMIKID PRE + PROBIOTICS 2.5G X 30 SACHETS

Famimom - supports digestion & gut immunity, folate production, promotes iron absorption, supports healthy emotional/mood balance and improves sleep quality.
Famikid - supports gut immunity, skin & respiratory health, emotional well-being and brain health

2 for $134*
U.P. $94 each



Heritage®

DEEP SEA SQUALENE 200S

Natural supplement for immunity and skin health

$11*
U.P. $20.50



HST Medical

MELATONIN 5MG 30 VEGICAPS

Promotes relaxation & quality sleep, relieves jetlag discomfort

2 for $36*
U.P. $25.90 each



Heritage®

GOLD LION RHEUMATIC OIL

Extra strength formula for aches and pains



$18.87*

Buy 1 Get 1 FREE

Supravit®

VITAMINS + CALCIUM FOR KIDS 20 EFFERVESCENT TABS

Any 2 for $55*
U.P. $40.90 each



Zoo-Vite

DHA JELLY 30 STICKS

Support brain and eye functions

Any 2 for $55*
U.P. $40.90 each



Zoo-Vite

LUTEIN JELLY 30 STICKS

Optimal eye health

$35.55*
U.P. $50.80



PediaKid

IMMUNE 125ML TWIN PACK

For babies and children from 6 months to 12 years

NEW ARRIVAL

$55.11*
U.P. $109.50



Cetaphil®

GENTLE SKIN CLEANSER 1.25L TWIN PACK

Hydrates as it cleanses to help soothe and replenish skin's moisture



$15.10* U.P. $18.90

Suno Hada

ITCH RELIEF + MOISTURIZING CREAM 100G

Relieves itchiness in first time use, clinically proven to provide long-lasting skin hydration and relieve itch up to 48 hours, restores natural skin moisture barrier



$22.32 U.P. $27.90

Staff Price

Ducati Sport

DEODORANT SPRAY 150ML + SHOWER GEL 200ML GIFT SET



$15.96 U.P. $19.95

Women's Secret

BODY MIST COFFRET COLOUR 4 X 50ML

Staff Price

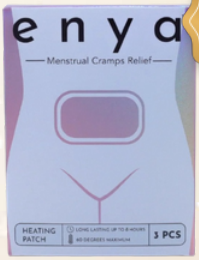


$15.96 U.P. $19.95

Women's Secret

BODY MIST COFFRET METALLIC 4 X 50ML

Staff Price



$5.15* U.P. $6.90

Enya™

MENSTRUAL CRAMPS RELIEF HEATING PATCH 3PCS

Long lasting up to 8 hours, 60 degrees maximum

for.sg

https://for.sg/healthanduchristmas2026

Scan the QR code or visit https://for.sg/healthanduchristmas2026 to place your Christmas pre-orders/ bulk orders by 23 November 2026!

Check out these Christmas Yuletide Delights and more at our flagship outlet (opposite KOI)!



NUH MEDICAL CENTRE ZONE A #01-31/32/33

Health Food, Health & Beauty Supplements, Personal Care, Skin Care & Body Care Products and Over-the-Counter Medication

Opening Hours:
Mon to Fri: 9:30am - 6:30pm (#01-31)
9am - 6:30pm (#01-32/33)
Sat, Sun & PH: Closed

Visit Our Other Health & U @NUH Outlets for more Wellness & Nutritional Products!



NUH MEDICAL CENTRE ZONE B #03-01 *(within Pharmacy @ Medical Centre)*

Derma Skin Care, OTC Medication, Selected Wound Care and Surgical Dressings

Opening Hours:
Mon to Fri: 9am - 6:30pm
Sat: 9am - 1pm | Sun & PH: Closed



KENT RIDGE WING ZONE C #03-01 *(within Pharmacy @ Kent Ridge Wing)*

Essential Supplements and Medication

Opening Hours:
Mon to Fri: 9am - 6:30pm
Sat, Sun & PH: Closed



MAIN BUILDING ZONE F #01-01 *(beside Main Building Pharmacy)*

Nutritional Feeds, Vitamins & Supplements, Personal and Body Care Products

Opening Hours:
Mon to Fri: 9am - 6:30pm
Sat, Sun & PH: Closed



MAIN BUILDING ZONE G #01-11 (opposite Kopitiam)

Rehabilitation & Homecare Equipment, Wound Care and Nutritional Feeds

Opening Hours:
Mon to Fri: 9am - 6:30pm
Sat: 9am - 1pm | Sun & PH: Closed

Terms & Conditions:

- *Promotional items are available while stocks last.*
- **Staff discount is not applicable.*
- *Available for self-collection only. Items will be available in-store for pick-up from 14 to 18 December 2026 for orders placed before or on 23 November 2026 at Health & U @NUH Medical Centre #01-31/32/33.*
- *Goods sold are not refundable and not exchangeable. Health & U @NUH reserves the right to replace any item with another of equivalent value depending on availability.*
- *Images are for illustration purposes only.*
- *All information is accurate at time of dissemination and is subject to change without prior notice.*

Scan to download a PDF copy of these Promotions